

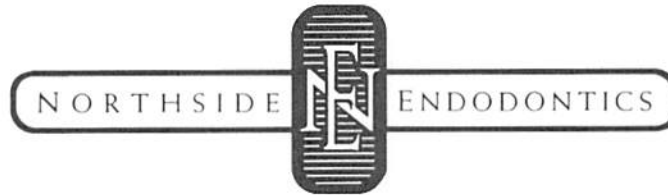


## ORAL SEDATION INFORMED CONSENT FORM

**Triazolam (Halcion)**, usually prescribed as a sleeping pill, **Xanax (Alprazolam)** and **Valium (Diazepam)** are medications that can greatly minimize anxiety that may be associated with having dental treatment. In a relaxed state, you will still be able to communicate with the dentist while treatment is being performed. Even though these are safe, effective and wears off rapidly after the dental visit, you should be aware of some important precautions and considerations.

1. This informed consent form and our authorization for treatment forms should be signed **before** you take the medication.
2. The onset of **Triazolam (Halcion)**, **Valium (Diazepam)** and **Xanax (Alprazolam)** is 15 to 30 minutes. Do not drive after you have taken the medication. The peak effect occurs between 1 and 2 hours. After that, the medication starts wearing off and most people feel normal after 6-8 hours. **For safety reasons and because people react differently, you should not drive or operate machinery the remainder of the day. A responsible adult must bring you to your appointment, remain in the office during the procedure and take you home from your appointment.** We have a small wheelchair available for your use in the office if needed. It is also advised that you are not alone for the next several hours because of possible disorientation and possible injury from falling.
3. This medication should **not** be used if:
  - You are sensitive to benzodiazepines (Valium, Ativan, Versed, etc.)
  - You are pregnant or breast feeding
  - You have liver or kidney disease

Tell the doctor if you have **GLAUCOMA** or are taking the following medications as they can adversely interact with Triazolam: **NEFAZODONE (Serzone)**; **CIMETIDINE (Tagamet, TagametHB, Novocimetine, or Peptol)**; **LEVODOPA (Dopar or Laradopa - for Parkinson's disease)**; **ANTI-HISTAMINES (Benedryl or Travist)**; **VERAPAMIL (Calan)**; **DILTIAZEM (Cardizem)**; **ERYTHROMYCIN AND AZOLE ANTIMYCOTICS (Nizoral, Biaxin, or sporanox)**; **HIV DRUGS** like Indinavir and Nelfinavir; and **ALCOHOL**. Of course, taking recreational/illegal drugs can also cause reactions.



4. **Side effects** may include light-headedness, headache, dizziness, visual disturbances, amnesia, and nausea. In some people, oral benzodiazepine drugs may not work as desired.
5. **Smokers** may notice a decrease in the medications' ability to achieve desired results.
6. You should not eat heavily prior to your appointment. You may take the medication with a small amount of food, such as juice, toast, etc. Taking it with too much food can make absorption into your system unpredictable.
7. Nitrous oxide (N<sub>2</sub>O), commonly known as "laughing gas", is a chemical compound. It is often used as a mild anesthetic in dentistry. It gives a euphoric effect upon inhaling it. Nitrous oxide may be used in conjunction with Triazolam, Xanax or Valium and local anesthetic if necessary but will affect an additional fee.
8. On the way home from the appointment, your seat in the car should be in a reclined position. When at home, lie down with your head slightly elevated. Someone should stay with you for the next several hours because of possible mental confusion and possible injury from falling.

**An escort is required to bring you to the appointment, remain at the office, and take you home.**

I understand these considerations and am willing to abide by the conditions stated above. If during the procedure, a change in treatment is required, I authorize the doctor to make whatever change they deem necessary in their professional judgment. I understand that I have the right to designate the individual who will make such a decision. I have had an opportunity to ask questions and have had them answered to my satisfaction and I hereby consent to taking a benzodiazepine drug (Halcion, Valium or Xanax) in conjunction with my dental care.

\_\_\_\_\_  
Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Guardian